

## A METANOIA MOMENT

Words and music: REGGIE KEITH

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**A METANOIA MOMENT... IS WHEN THE LIGHTS TURN ON:  
AND WE CHANGE OUR MIND... WHAT'S ROLLING 'ROUND OUR HEAD!  
IT'S A MOMENT IN OUR DAY...WHEN WE'RE WALKING IN HIS WAY;  
WHEN WE RETHINK, AND WE RELEARN ALL JESUS SAID.**

**A METANOIA MOMENT... IS WHEN THE LIGHTS TURN ON:  
AS WE FIGURE OUT... THE PUZZLE IN OUR HEAD.  
IT'S THAT MOMENT ON THE PATH... WHEN WE'RE TRYING TO DO THE MATH;  
WHEN WE RETHINK, AND WE RELEARN ALL JESUS SAID.**

**METANOIA**... from 2 Greek roots: *meta*, *noia* (for English people who don't know other languages: pronounced: noy jah; like boy... and hallelu-jah; like metaphor = change the **form**, right?! Not complicated!

**meta** = **change** + **noia** = **mind**. It simply means: change our mind; in other words: change our thinking – including the competing images, and symbols, and advertisements... beyond rational thought, and patterns of thinking, that we daily see and hear and wonder as we walk through the world.

**METANOIA** is the expectation of any good parent or teacher, including first grade teacher; or business owner... who would want their people—young or old... to do: every day. It means: **rethink**, **reconsider**, and **relearn**; it's a great assignment that all students should want to do every day, especially those who are lifelong learners enrolled in the first grade class—we haven't graduated yet... of the **LORD JESUS**... who is the Great Teacher. **JESUS** knew what all good teachers know:

**Without a changed mind, there will be no changed heart.** And that will take some help from the Teacher, so go to Him; learn from Him, and you will find rest for your soul.

By the way... the word: **disciples** (in Greek: **math-é-tés**, **tés** indicates: the person. And the first part isn't rocket science!)

**METANOIA** has **nothing** to do with that **terrible** word that **Jesus would NEVER** use! The word that means: **re-pain**, **pain again and again**! The prophet Isaiah told us 2,700 years ago: the One who was despised and rejected by all mankind, He already **took our pains and carried away our diseases**; and then, **He sat down!** Mission accomplished; nothing else to do. The Bible is so interesting to read, isn't it? So why would anybody need to re-pain ourselves? His pain on Calvary was good enough; pain enough for the whole world... to prove His loving Father was dead serious... about His Word!